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## **SLEEP CONSULT INFORMATION**

## What You Need For A Great Plains Dental Sleep Consult Visit:



A current sleep study. Completed within the last 3-5 years.



A copy of your results from the sleep study. A hardcopy must be brought to the appointment OR send via email to: <a href="mailto:sleep@greatplainsdental.com">sleep@greatplainsdental.com</a> prior to your appointment.



Bring your medical insurance card or a copy



Fill out paperwork on our website: <a href="www.greatplainsdental.com">www.greatplainsdental.com</a>

- Select the "Services" Dropdown from the top of the web page.
- Select "Snoring and Sleep Dentistry"
- Select "Sleep Appliance Paperwork"



All necessary dental treatment or restorations completed. Regular visits to your dentist for examinations



No current sleep study? We offer a home based sleep screening! Call our office to set up your screening or for more information.